



Self Care for Oncology Professionals

Continuing Education Series

Session 1 Launch date: Tuesday December 16, 2014

- ***Is it the most wonderful time of the year? Managing work-life balance during the holiday season.***

Session 2: Launch date: Tuesday February 17th

- ***"I have a headache, it must be cancer." Confronting anxiety and fear associated with professional cancer caregiving and vicarious traumatization.***


Session 3: Launch date: Tuesday April 14th

- ***The art of debriefing as a self care strategy.***
With guest speaker, Patti Toth, MSN, RN, CHSE

Session 4: Launch date: Tuesday June 16th

- ***Making it work: identifying and embracing your self-care plan!***

Continuing education credits are pending for nurses and social workers.
For more information, contact Christina.bach@uphs.upenn.edu



Great webinars
for staff support
education and
development!